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Monastic Horarium Throughout the Year

Observances in script are mandatory for Monks, Novices, & Postulants

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| **Sunday & Solemnities** | | **Monday:** | **Tuesday – Saturday** | |
| Vigils | 4:30 a.m. | Desert Day   * Great Silence until 9:00 a.m. * Only urgent work required * Simple meals on one’s own * Offices/Psalms in private until Compline at 6:45 p.m. | Vigils | 4:30 a.m. |
| A brief break follows Vigils before we begin Lauds. |  | Lectio Divina | 5:20 a.m. |
| Lauds | 5:30 a.m. | Lauds & Conventual Mass[[1]](#footnote-1) | 6:15 a.m. |
| Preparation for Mass & Brunch | 6:15 a.m. |
| Prime & Lectio Divina | 7:15 a.m. | Optional Breakfast and Quiet Time | 7:45 a.m. |
| Terce & Missa Cantata | 8:30 a.m. | Prime  Then Chapter on Tuesday & Saturday | 8:30 a.m. |
| Work  Abbot’s Parlor Time until 10 a.m.[[2]](#footnote-2)  Tuesday – Cellarer’s Shopping | 9:00 a.m.  through  11:40 a.m. |
| Coffee & Preparation for Brunch | 10:00 a.m. | Terce in private | 10:30 a.m. |
| Sext | 11:00 a.m. | Sext/Midday Devotions | Noon |
| Brunch | 11:30 a.m. | Dinner | 12:30 p.m. |
| Free Time | 12:30 p.m. | Rest, Reading, or Work | 1:15 p.m. |
| None | 4:00 p.m. | Work  Wednesday – Choir Practice  Friday – Postulant/Novice  Conference | 2:30 p.m.  through  4:10 p.m. |
| Afternoon Recreation | 4:30 p.m. | None in private | 3:30 p.m. |
| Vespers | 5:30 p.m. | Optional Afternoon Tea | 4:15 p.m. |
| Free Time & Compline in Private | 6:15 p.m. | Vespers  Followed by Benediction on Saturday & Eve of Solemnities; no Compline. | 5:00 p.m. |
| Optional Supper, Work, or Reading | 5:45 p.m. |
| Compline[[3]](#footnote-3) | 6:45 p.m. |

1. Normally, *MIssa Lecta*; However, if a Class II Double Feast occurs, *Missa Cantata* may be served. [↑](#footnote-ref-1)
2. On Saturdays, this time is for Confessions only; Wednesday through Friday it may be for Confession or other non-urgent matters. [↑](#footnote-ref-2)
3. The Great Silence is observed from the end of Compline until after Prime the following morning. [↑](#footnote-ref-3)