



Observances in script are mandatory for Monks, Novices, & Postulants

Sunday & Solemnities		Monday:	Tuesday - Saturday	
<i>Vigils</i>	4:30 a.m.	<p><i>Desert Day</i></p> <ul style="list-style-type: none"> <li>✘ <i>Great Silence</i> until 9:00 a.m.</li> <li>✘ Only urgent work required</li> <li>✘ Simple meals on one's own</li> <li>✘ Offices/Psalms in private until <i>Compline</i> at 6:45 p.m.</li> </ul>	<i>Vigils</i>	4:30 a.m.
A brief break follows Vigils before we begin Lauds.			<i>Lectio Divina</i>	5:20 a.m.
<i>Lauds</i>	5:30 a.m.		<i>Lauds &amp; Conventual Mass'</i>	6:15 a.m.
Preparation for Mass & Brunch	6:15 a.m.		Optional Breakfast and Quiet Time	7:45 a.m.
<i>Prime &amp; Lectio Divina</i>	7:15 a.m.		<i>Prime</i>	8:30 a.m.
<i>Terce &amp; Missa Cantata</i>	8:30 a.m.		Then <i>Chapter</i> on Tuesday & Saturday	
			Work Abbot's Parlor Time until 10 a.m. Tuesday - Cellarer's Shopping	9:00 a.m. through 11:40 a.m.
Coffee & Preparation for Brunch	10:00 a.m.		<i>Terce</i> in private	10:30 a.m.
<i>Sext</i>	11:00 a.m.		<i>Sext/Midday Devotions</i>	Noon
<i>Brunch</i>	11:30 a.m.		<i>Dinner</i>	12:30 p.m.
Free Time	12:30 p.m.		Rest, Reading, or Work	1:15 p.m.
<i>None</i>	4:00 p.m.		Work Wednesday - Liturgical Practicum Friday - Novitiate Conference	2:30 p.m. through 4:10 p.m.
<i>Afternoon Recreation</i>	4:30 p.m.		<i>None</i> in private	3:30 p.m.
<i>Vespers</i>	5:30 p.m.		Optional Afternoon Tea Friday - Confessions <sup>2</sup>	4:15 p.m.
Free Time & <i>Compline</i> in Private	6:15 p.m.	<i>Vespers</i> On Saturday & Eve of D I's - followed by Benediction; no <i>Compline</i> .	5:00 p.m.	
		Optional Supper, Work, or Reading	5:45 p.m.	
		<i>Compline</i> <sup>3</sup>	6:45 p.m.	

<sup>1</sup> Normally, *Missa Lecta*; However, if a Class II Double Feast occurs, *Missa Cantata* may be served.

<sup>2</sup> Confessions may also be made by appointment with the Abbot at other times, as convenient.

<sup>3</sup> The Great Silence is observed from the end of *Compline* until after *Prime* the following morning.